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**Mental health costs are growing globally.** Fortunately, investing in the mental health of people curb costs and helps people to live better lives.

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So, how does investing in wellness and resilience influence the numbers annually? Let's have a look...



**Projected annual cost** of mental health overall by 2030

**\$2.5 Trillion** recorded in 2010

**1.8** Days

Fewer sick days taken after implementing a wellness program

**8.6** on average, **6.8** after program implementation, resulting in a potential absenteeism saving of **\$675** 

\$**800** Billion

**Cost of mental health** to business - a significant cost to absorb

Likelihood of leaving company due to low wellbeing

**\$34,000** - average cost to replace an employee. Investing in resilience brings a per employee retention saving of **\$2,191** 

# Days

Fewer days lost to presenteeism after implementing a wellness program

**6.5** on average, **4.4** after program implementation, resulting in a potential presenteeism saving of **\$1,702** 

## 83%

**Higher job satisfaction** for staff with higher resilience

**48%** - average job satisfaction score of employees with low resilience, vs **88%** average job satisfaction score for employees with high resilience



**Increase in performance** with higher resilience

Resulting in a potential productivity increase of **\$1,584** 

### \$**6,152** Per Employee

**Potential return** by investing in workforce resilience & wellness programs for all staff

Combined benefit of absenteeism, presenteeism, performance and retention

**SAY HELLO DRIVEN** Truly global resilience training



Driven is an Al-powered virtual coaching platform. Across industries, Driven helps companies deliver scalable and engaging online resilience training for people.

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#### HelloDriven.com

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